



LAKE SIDE HEALTHCARE

at Yaxley

Travel Health Medication - Information for Patients

- Please complete the Travel Health questionnaire below and return it to the Practice, your notes will be analysed by one of our qualified Nurses, who are trained in travel health management.
- Most vaccinations are best given **6 weeks** prior to travel, if you have less time than this before you travel, we will aim to give you the necessary vaccinations. We require at least **4 weeks** before you travel otherwise you will have to attend one of the private travel clinics listed below (please note charges will apply and they vary depending on provider):-

City Doc Peterborough 63-65 Mayor's Walk West Town Peterborough PE2 6EX	Call 0203 733 5696 or book online at citydoc.org.uk
Boots Queensgate Peterborough	Call 01733 312211 or online www.boots.com/Travel-Vaccines-Clinic
The Cambridge Travel Clinic 41 Hills Road Cambridge CB2 1NT	Call 0330 100 4127
For European travel please visit website www.fitfortravel.nhs.uk for vaccination advice.	

- Some vaccinations cannot be given on the same day as others if they are 'live' vaccines; this may mean that two or more visits to the Health Centre are required.
- Some vaccinations have a charge, because the NHS does not fund them. These include:

Hepatitis B for travel (Course of 3)	£82.50
Hepatitis B Booster	£ 27.50
Yellow Fever (1 dose) + certificate	£ 80.00
Meningitis ACWY (1 dose) + letter	£ 35.00
Rabies (Course of 3)	£ 195.00

- Payment will be expected in full on the day of vaccination.
- Malaria medication may be required for certain destinations. The Nurse will inform you if you need to do this. This is prescribed on a Private prescription, and the cost will vary depending on which medication you are prescribed and for how long. Please book a telephone consultation with our prescribing pharmacist within the surgery to receive this if required. When you speak to the prescribing pharmacist, you need to know exactly where you are going and for how long. If your travel plans are complex (going in and out of Malaria prone areas) then the prescribing pharmacist may need to see an itinerary.
- Japanese B Encephalitis is not given at this Health Centre, if you require this you will have to go to one of the private Travel Clinics. A charge will be made.
- If you have any further queries please speak to a member of the Reception Team.

'A Caring Partnership For Life'

The Health Centre, Landsdowne Road, Yaxley, Peterborough, PE7 3JL – 01733 240478
www.yaxleygp.nhs.uk

Dr P Wilczynski - Chair Prof. R Harris - Chief Executive

For a full list of our partners please refer to our website

VAT Reg No. 878646066

Personal details			
Name	Date of birth Male [] Female []		
Easiest contact telephone number E mail			
Dates of trip			
Date of departure			
Return date or overall length of trip			
Details about destination(s)			
Country <u>and</u> location to be visited	Length of stay	Away from medical help at destination, if so, how remote?	
1.			
2.			
3.			
Do you plan to travel abroad again in the future?			
Please tick as appropriate below to best describe your trip			
1. Type of trip	Business	Pleasure	Other
2. Holiday type	Package	Self organised	Backpacking
	Camping	Cruise ship	Trekking
3. Accommodation	Hotel	Relatives/family home	Other
4. Travelling	Alone	With family/friend	In a group
5. Staying in area which is	Urban	Rural	Altitude
6. Planned activities	Safari	Adventure	Other
Personal medical history			
Do you have any recent or past medical history of note? (including diabetes, heart or lung conditions)			
List any current or repeat medications			
Do you have any allergies for example to eggs, antibiotics, nuts or latex?			
Have you ever had a serious reaction to a vaccine given to you before?			
Does having an injection make you feel faint?			
Do you or any close family members have epilepsy?			
Do you have any history or mental illness including depression or anxiety?			
Have you recently undergone radiotherapy, chemotherapy or steroid treatment?			
Women only: Are you pregnant or planning pregnancy or breastfeeding?			
Have you taken out travel insurance and if you have a medical condition, informed the insurance company about this?			
Please write below any further information which may be relevant			

Vaccination history

Have you ever had any of the following vaccinations/malaria tablets and if so when?

Tetanus		Polio		Diphtheria	
Typhoid		Hepatitis A		Hepatitis B	
Meningitis		Yellow Fever		Influenza	
Rabies		Jap B Enceph		Tick Borne	
Other					
Malaria Tablets					

For discussion when risk assessment is performed within your appointment:

I have no reason to think that I might be pregnant. I have received information on the risks and benefits of the vaccines recommended and have had the opportunity to ask questions. I consent to the vaccines being given.

Signed: _____ Date: _____

FOR OFFICIAL USE

Patient Name: _____

Travel risk assessment performed Yes [] No []

Travel vaccines recommended for this trip

Disease protection	Yes	No	Patient declined vaccine	Vaccine name, dose & schedule for PSD
Hepatitis A				
Hepatitis B				
Typhoid				
Cholera				
Tetanus				
Diphtheria				
Polio				
Meningitis ACWY				
Yellow Fever				
Rabies				
Japanese B Encephalitis				
Other				

Travel advice and leaflets given as per travel protocol

Food, water and personal hygiene advice		Travellers' diarrhoea		Blood and bodily fluid infection risks e.g. Hepatitis B	
Insect bite prevention		Animal bites		Accidents	
Insurance		Air travel		Sun and heat protection	
Websites		SMS vaccines reminder service set up			
Travel record card supplied		Other			

Malaria prevention advice and malaria chemoprophylaxis

Chloroquine and proguanil		Atovaquone + proguanil	
Chloroquine		Mefloquine	
Doxycycline		Malaria advice leaflet given	

Further information

e.g. weight of child

Authorisation for Patient Specific Direction (PSD) Use

Name: _____ Signature: _____ Date: _____